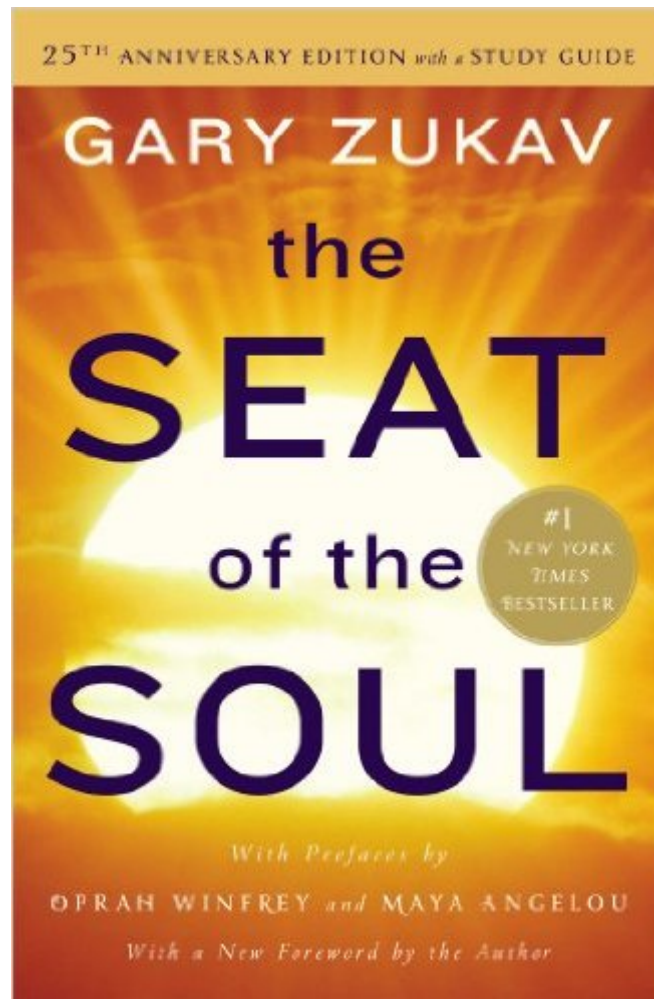


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# The Seat Of The Soul: 25th Anniversary Edition With A Study Guide



## Synopsis

A foreword by Oprah Winfrey and a preface by Maya Angelou update the twenty-fifth anniversary edition of the #1 New York Times bestselling classic of the New Age category, along with a new introduction by the author, a discussion group guide, and website links for deeper study. With the same extraordinary skill that he used to demystify scientific abstraction and the new physics, Gary Zukav, the award-winning author of *The Dancing Wu Li Masters*, here takes us on a brilliant and penetrating exploration of the new phase of evolution we have now entered. With lucidity and elegance, Zukav explains that we are evolving from a species that pursues power based upon the perceptions of the five senses -- external power -- into a species that pursues authentic power -- power that is based upon the perceptions and values of the spirit. He shows how the pursuit of external power has produced our survival-of-the-fittest understanding of evolution, generated conflict between lovers, communities, and superpowers, and brought us to the edge of destruction. Using his scientist's eye and philosopher's heart, Zukav shows how infusing the activities of life with reverence, compassion, and trust makes them come alive with meaning and purpose. He illustrates how the emerging values of the spirit are changing marriages into spiritual partnerships, psychology into spiritual psychology, and transforming our everyday lives. *The Seat of the Soul* describes the remarkable journey to the spirit that each of us is on.

## Book Information

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## Customer Reviews

It's amazing the divergent opinions one gets from reading the reviews of this book. It's also amazing, at least for me, how a second reading can completely change the way I feel about a book.

When I read 'The Seat of the Soul' the first time I was completely turned off by the absolutism that is very apparent on many pages of the book. Yet a second reading changed my opinion of this book dramatically. I will cover the positive, and then the negative. One other point I want to make up front - for those who seek 'scientific proof' for spiritual concepts, I am afraid there isn't any under the current scientific model. I read this in many of the reviews. I believe that Mr. Zukav defines what he intends to cover in the book very well from the outset, which is how to transform oneself from a five-sensory physical being to a multi-sensory 'spirit in a body.' I believe that he also explains what one can achieve in that transformation, which he calls 'authentic power,' remarkably well. Starting from evolution, which he asks us to see as souls experiencing multiple lifetimes rather than survival of the fittest physical beings, Zukav does rehash the basic teachings from Eastern religion, such as karma and reincarnation, but with precision and clarity. His insights are not really new, but they are of reference-level quality - if you should ever meet a person who starts to ponder certain aspects of the soul and were thinking of recommending one book, 'The Seat of the Soul' would be one to consider, for sure. I liked his using the evolution of science as a metaphor for the evolution of our (hopefully) attaining spiritual consciousness as a species, found on p. 67.

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